

## PRE-OP SEDATION INSTRUCTIONS

- General:** It is important for your child's safety that you follow these instructions carefully. Failure to follow these instructions could result in serious complications or even death.
- Change In Health:** Please notify us of any change in your child's health. DO NOT bring your child in for treatment with a fever, ear infection, or cold. If your child becomes ill, please call our office immediately and reschedule the appointment.
- Eating And Drinking:** To avoid vomiting during treatment with sedation, there are a few very strict guidelines regarding eating and drinking that must be followed.
- The dietary restrictions are as follows and MUST be adhered to:
1. No milk or solid foods should be ingested within 6 hours of the scheduled appointment. Your child may have a light meal up to 6 hours prior to the appointment. (Ex: toast and clear liquids)
  2. Your child should be limited to only clear liquids up to 2 hours prior to the scheduled appointment. Clear liquids consist of water, fruit juices without pulp (i.e. apple juice), carbonated beverages, clear tea, and Gatorade. Within 2 hours of the appointment, your child should have no food or drink of any kind.
- Medications:** Give your child only those medications that he/she takes routinely such as seizure medication, antibiotics, or other medications prescribed by your child's physician. DO NOT give any other medications before or after treatment without checking with our office.
- Arrival at the Clinic:** Your child must be accompanied by a parent or legal guardian for all appointments. DO NOT bring any other children with you to your child's sedation appointment. He/she will require your full attention prior to and following the dental treatment. We will monitor heart rate, blood pressure, and breathing throughout the appointment, so please dress your child in loose fitting clothing. We will also place a monitor on your child's finger or toe, so please remove any nail polish prior to the appointment. Please make sure that your child goes to the bathroom immediately prior to arriving at the clinic. After the dentist gives your child the sedative medication, you will wait with your child in a quiet area, while the medication takes effect. Usually, within 10-15 minutes, your child may become cranky or excited and may not be able to walk correctly. DO NOT allow your child to walk or stand unassisted during this time.
- During Treatment:** For your child's safety, you MUST remain in the waiting area during treatment, which usually lasts 30-40 minutes. The medication is a sedative, not a general anesthetic. Each individual child responds a little differently to the medication. As a result, there is no guarantee of successful treatment. Dr. Chris and his assistants are extremely experienced with sedation procedure and will child continuously monitor your child throughout the appointment. Your child will be well taken care of.
- If Additional Information Is Required:** Contact the office at (727) 478-3210.

Sincerely,

Christopher Chuong, DMD